

# Sustainable Holiday Ideas

## GIFTING

- Shop second hand and local
- Give seasonal food/coffee/tea
- Reusable gifts: utensils, mugs, travel worthy coffee/tea makers
- Presents like the "cora ball" reduce microplastic pollution
- Cooking tools reduce waste by supporting "Do it Yourself" meals
- Make something by hand - it's special
- Give subscriptions, donations to charity, experiences, safety gear, or a live plant

## WRAPPING

- Reuse materials: brown paper bags, comic strips, old maps, ribbons, bows; scrap pieces of material work well!
- Branches with "needles", or pine cones from a park, trail, or path can add a festive look to gift wrap

## MOVIES

- The Lorax - Dr. Seuss's cautionary tale about environmental protection (Netflix)
- Chasing Coral - a documentary about saving the earth's coral reefs (Netflix)
- Cowspiracy - a documentary exposing downsides to the dairy industry (YouTube)